

# LifeMatters®

By Empathia



If being sick has you feeling down, LifeMatters can help. Call 24/7/365.

**1-800-367-7474**

Assistance with Life, Work, Family, and Wellbeing  
[mylifematters.com](https://mylifematters.com) • 24/7/365

Call collect to **262-574-2509** if outside of North America

Language assistance services in your preferred spoken and written languages are available at no cost by calling 1-800-367-7474

