

Join Us for this Month's Presentations

Webinars



November Webinars

- Building Your Frustration Tolerance
- How to Deal with Bad Attitudes (for Managers)
- Use the QR codes to sign up for an email alert when each webinar is available



Support Sessions



Maintaining Relationships During Emotionally Charged Times

- Monday, November 18
- 1 p.m. EST
- Session password: xuPPpJEa845



Podcasts



OnTopic with Empathia

- Episode 34: All About Service Dogs with Rebuilding Warriors Founder Jeff Anderson
- Episode 44: Election Anxiety with Dayna Smith-Slade



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