

LifeMatters[®]

By Empathia



Grief and Loss

LifeMatters offers 24/7/365 assistance with:

- The death of a loved one
- The end of a relationship
- Loneliness
- A difficult change
- Any other loss

1-800-367-7474

mylifematters.com

Text* "Hello" to 61295 (U.S.)/204-817-1149 (Canada)



Language assistance services in your preferred spoken and written languages are available at no cost by calling 1-800-367-7474.