

Join Us for this Month's Presentations

Webinars



July Webinar

- Internet Safety
- Sign up for an email alert when the webinar is available



Support Sessions



Making Mindfulness Work for You

- Tuesday, July 16
- 1 p.m. EDT
- Session password: NqDKZw62Pm5



Podcasts



OnTopic with Empathia

- Episode 26: Diagnosing Seasonal Affective Disorder with Therese Sorrentino
- Episode 27: Treating Seasonal Affective Disorder with Therese Sorrentino



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