

Join Us for this Month's Presentations

Webinars



July Webinar

- Internet Safety
- [Sign up](#) for an email alert when the webinar is available

Support Sessions



Making Mindfulness Work for You

- Tuesday, July 16, 1 p.m. EDT
- [Session link](#)
- Session password: NqDKZw62Pm5

Podcasts



OnTopic with Empathia

- [Episode 26](#): Diagnosing Seasonal Affective Disorder with Therese Sorrentino
- [Episode 27](#): Treating Seasonal Affective Disorder with Therese Sorrentino

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